

Vradeto – Beloi

Starting point: Vradeto.

End: “Beloi” view point.

Trail distance: 2 km.

Duration: 30 minutes.

Altitude scale: 1.340 m. – 1.450 m.

Route type: path.

Signage: rough.

Degree of difficulty: low.

Points of interest: the panoramic view of the Vikos Gorge.

Kapesovo – Gradista – Kapesovo

Starting point: Kapesovo.

End: Kapesovo.

Trail distance: 3 km.

Duration: 2 hours and 30 minutes.

Altitude scale: 1.100 m. – 1.300 m. – 1.100 m.

Route type: path.

Signage: rough.

Points of interest: the sacred woods of Lower Gradista, the view of the Vikos Gorge, the church of Taxiarches, the Paschaleios School in Kapesovo, the mansions and churches of Kapesovo.

Bridge of Papigo – Voidomatis Bridge in Klidonia

Starting Point: Bridge of Papigo.

End: Voidomatis Bridge at Klidonia.

Trail distance: 4 km.

Duration: 2 hours and 30 minutes.

Altitude scale: 480 m. – 430 m.

Route type: path.

Signage: rough.

Degree of difficulty: medium.

Points of interest: the river Voidomatis and the homonymous canyon, the Monastery of Panagia Spiliotissa (1665), the church of Agii (Saints) Anargiri (1658), the rock shelters at Klithi and Boila locations, the Voidomatis stone bridge (1853) at Klidonia.

Monodendri – Vikos (or Papigo)

Starting point: Monodendri.

End: Vikos (or Papingo).

Trail distance: 10 km.

Duration: 6 hours.

Altitude scale: 1.060 m. – 770 m.

Route type: path.

Special signage: 03.

Signage: good.

Degree of difficulty: high.

Points of interest: the Rizarios Handicraft Centre and the Rizarios Exhibition Centre in Monodendri, the Vikos Gorge, the geological formations, the springs of the river Voidomatis. Remark: At Voidomati's main spring there is a junction with the trail that leads to Mikro and Megalo Papigo after a hike of about 2 hours.

Iliohori – Waterfalls of Iliohori

Starting point: Iliohori.

End: Waterfalls of Iliohori.

Trail distance: 1 km.

Duration: 1 hour.

Altitude scale: 950 m. – 790 m.

Route type: path.

Signage: good.

Degree of difficulty: medium.

Points of interest: the waterfalls, the view of Timfi, the huge plane tree in Iliohori village.

Negades – Tsepelovo

Starting point: Negades.

End: Tsepelovo.

Trail distance: 7 km.

Duration: 3 hours and 15 minutes.

Altitude scale: 1.060 m. – 1.080 m.

Type of route: trail (forest road in some parts).

Signage: rough.

Degree of difficulty: medium.

Points of interest: the church of Agia Triada – Agios Dimitrios – Agios Georgios (1795) in Negades village, the church of Agios Nikolaos (1753) in Tsepelovo, stone bridges and the mansions of both villages.

Kapesovo- Vradeto's Skala

(STONE steps) – Vradeto

Starting point: Kapesovo.

End: Vradeto.

Trail distance: 3 km.

Duration: 1 hour and 45 minutes.

Altitude scale: 1.100 m. – 1.340 m.

Route type: path.

Signage: medium.

Degree of difficulty: low.

Points of interest: the Stone steps “Skala Vradetou”, the Mezaria bridges, the Mezaria gorge, the Paschaleios School of Kapesovo.

Kipi-Koukouli

Starting point: Kipi.

End: Koukouli.

Trail distance: 2,5 km.

Duration: 45 minutes.

Altitude scale: 800 m. – 900 m.

Route type: path.

Signage: good.

Degree of difficulty: low.

Points of interest: Lazaridis or Kontodimos bridge (1753) and the ruins of Lazaridis mill, the Botanical museum of Koukouli, the churches and the mansions of both villages, Kipi and Koukouli.

Dilofo – Kipi

Starting point: Dilofo.

End: Kipi.

Trail distance: 4 km.

Duration: 1 hour and 30 minutes.

Altitude scale: 880 m. – 800 m.

Route type: path.

Signage: rough.

Degree of difficulty: low.

Points of interest: the Captain Arkouda's bridge, the three arched Plakida's or Kalogeriko bridge (1814), Lazaridis or Kontodimos bridge (1753), the churches and mansions in Dilofo and Kipi.

Vitsa – Skala (Stone steps) of Vitsa – Noutsos/ Kokkoris Bridge

Starting point: Vitsa.

End: Noutsos/Kokkoris Bridge.

Trail distance: 3 km.

Duration: 1 hour and 30 minutes.

Altitude scale: 960 m. – 700 m.

Route type: path.

Signage: medium.

Degree of difficulty: low.

Points of interest: churches and mansions in Vitsa, the stone steps of Vitsa, the bridges of Missios (1748) and Noutsos / Kokkoris (1750), the entrance of the Vikos Gorge.