

# Vikaki gorge (Selato) – Holy monastery of Ioannis Rogovos

Starting point: “Manetes” location, 3 km after the village of Kapesovo to Tsepelovo on the main road.

End: Holy monastery of Ioannis Rogkovos.

Trail distance: 2 km.

Duration: 2 hours.

Altitude scale: 1.070 m. – 800 m. – 990 m.

Route type: path.

Signage: rough.

Degree of difficulty: medium.

Points of interest: The Monastery of Agios Ioannis Rogovos (1028-1034) which was renovated in 1749, the Vikaki canyon, the excellent view to the surrounding area, the stone bridges.