

Konitsa – Vrisohori

Starting Point: Konitsa bridge.

End: Vrisohori.

Trail distance: 14 km.

Duration: 12 hours.

Altitude scale: 450 m. – 900 m.

Route type: at the beginning forest path and then path.

Signage: rough.

Degree of difficulty: very high.

Points of interest: Aaos gorge, Konitsa bridge (1870), Stomio Monastery (1774), mansions in

upper town of Konitsa, churches

and bridges of Vrisohori.