

# Konitsa-Trapezitsa

Starting Point: Konitsa (Agios Athanasios chapel).

End: Trapezitsa peak.

Trail distance: 5 km.

Duration: 4 hours.

Altitude scale: 900 m. – 2.022 m.

Route type: path.

Signage: rough.

Degree of difficulty: very high.

Points of interest: the view to the Aaos gorge as well as to Konitsa plain and to Timfi, Smolikas, Grammos and Nemertsika mts.