

Paleoseli – mountain Refuge- Drakolimni (Dragonlake) of Smolikas-Agia Paraskevi (Kerasovo)

Starting Point: Paleoseli.

End: Agia Paraskevi (Kerasovo).

Trail distance: 17 km.

Duration: 8 hours.

Altitude scale: 1.000 m. – 2.200 m.

– 1050 m.

Route type: path (partly dirt road).

Signage: good.

Degree of difficulty: high.

Points of interest: the Drakolimni of Smolikas, the view to the northern cliffs of Timfi mt, the view to the high peak of Smolikas (2.637 m), the subalpine plateaus, the Bosnian pine forests.

Remarks: A path leads to the highest peak (2.637 m) of Smolikas mt in 1 hour and 30 minutes hike from the Drakolimni. A mountain refuge is located along the path (alt. 1.800 m). A similar trail starts from the nearby village of Pades.

Konitsa-Trapezitsa

Starting Point: Konitsa (Agios Athanasios chapel).

End: Trapezitsa peak.

Trail distance: 5 km.

Duration: 4 hours.

Altitude scale: 900 m. – 2.022 m.

Route type: path.

Signage: rough.

Degree of difficulty: very high.

Points of interest: the view to the Aoos gorge as well as to Konitsa plain and to Timfi, Smolikas, Grammos and Nemertsika mts.

Vrisohori-Holy Monastery of Agia Triada

Starting Point: Vrisohori.

End: Holy Monastery of Agia Triada.

Trail distance: 6,5 km.

Duration: 3 hours.

Altitude scale: 990 m. – 940 m.

Route type: path (forest path in some parts).

Signage: rough.

Degree of difficulty: medium.

Points of interest: Vrisohori village (churches and bridges), Holy Monastery of Agia Triada (1667), the view of the northeastern part of Timfi mt.

Konitsa – Vrisohori

Starting Point: Konitsa bridge.

End: Vrisohori.

Trail distance: 14 km.

Duration: 12 hours.

Altitude scale: 450 m. – 900 m.

Route type: at the beginning forest path and then path.

Signage: rough.

Degree of difficulty: very high.

Points of interest: Aoos gorge, Konitsa bridge (1870), Stomio Monastery (1774), mansions in upper town of Konitsa, churches and bridges of Vrisohori.

Konitsa bridge – Stomio Monastery

Starting Point: Konitsa bridge.

End: Holy Monastery of Stomio which is dedicated to Panagia (Virgin Mary).

Trail distance: 6 km.

Duration: 2 hours.

Altitude scale: 450 m. – 800 m.

Route type: Forest path, path.

Signage: good.

Degree of difficulty: medium.

Points of interest: Konitsa bridge (1870), Stomio Monastery (1774), the view to the Aoos gorge as well as to Timfi and Trapezitsa mts.

Konitsa-Aoos gorge-Drakolimni (Dragon Lake) of Timfi

Starting Point: Konitsa bridge.

End: Drakolimni of Timfi.

Trail distance: 12 km.

Duration: 7 hours and 30 minutes.

Altitude scale: 450 m. – 2.100 m.

Route type: at the beginning forest path and then path.

Signage: good.

Degree of difficulty: high.

Points of interest: Aoos gorge, Drakolimni of Timfi, Konitsa bridge (1870), Stomio Monastery (1774), mansions in upper town of Konitsa.

Tsepelovo-Drakolimni (Dragon Lake) of Timfi

Starting point: Tsepelovo.

End: Drakolimni of Timfi.

Trail distance: 14 km.

Duration: 6 hours and 30 minutes.

Altitude scale: 1.080 m. – 1.950 m. – 1.750 m. – 2.100 m.

Route type: path.

Signage: rough.

Degree of difficulty: high.

Points of interest: the subalpine plateaus, subalpine lakes,

rockycliffs, ravines.

Remark: Along the route one can find the trail leading to the Gamila peak (2.497m).

Vikaki gorge (Selato) – Holy monastery of Ioannis Rogovos

Starting point: “Manetes” location, 3 km after the village of Kapesovo to Tsepelovo on the main road.

End: Holy monastery of Ioannis Rogkovos.

Trail distance: 2 km.

Duration: 2 hours.

Altitude scale: 1.070 m. – 800 m. – 990 m.

Route type: path.

Signage: rough.

Degree of difficulty: medium.

Points of interest: The Monastery of Agios Ioannis Rogovos (1028-1034) which was renovated in 1749, the Vikaki canyon, the excellent view to the surrounding area, the stone bridges.

Megalo Papigo – Ano Klidonia

Starting point: Megalo Papigo.

End: Ano Klidonia.

Trail distance: 4,5 km.

Duration: 2 hours.

Altitude scale: 1.050 m. – 900 m.

Route type: path.

Signage: medium.

Degree of difficulty: medium.

Points of interest: the view of the Vikos gorge and Astraka (Papigo) towers, the mansions and old churches in Papigo, the old churches in Klidonia.

Mikro Papigo-Astraka

Starting point: Mikro Papigo.

End: Astraka peak.

Trail distance: 5 km.

Duration: 5 hours and 30 minutes.

Altitude scale: 1.050 m. – 2.436 m.

Route type: path.

Signage: good.

Degree of difficulty: high.

Points of interest: the Northern Pindos National Park Information Center in Papigo, the subalpine landscape and plateaus, the high rocky cliffs, the panoramic view of the area.

Remark: Bypassing the main trail, you can visit in 30 minutes hike the Provatina pothole, one of the most famous potholes in the world (-407m.).